

## 2019 Diabetes Education Classes

A monthly series of three morning and evening Comprehensive Diabetes Self-Management Education Classes will be held at 41 Germantown Road, Suite B03, Danbury, CT 06810. A refresher class will also be offered each month for patients who have completed the series of three classes.

Classes are presented by Certified Diabetes Educators and most classes are covered by health insurance. For more information and to register, please call Joan at (203) 739-4980.

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### February

Morning Classes: 9:30 – 11:30 am

- February 7, 14, 28

Evening Classes: 5:00 – 7:00 pm

- February 6, 13, 27

Refresher Class: 9:30 – 10:30 am

- February 4

### March

Morning Classes: 9:30 – 11:30 am

- March 7, 14, 21

Evening Classes: 5:00 – 7:00 pm

- March 6, 13, 20

Refresher Class: 9:30 – 10:30 am

- March 4

### April

Morning Classes: 9:30 – 11:30 am

- April 4, 11, 18

Evening Classes: 5:00 – 7:00 pm

- April 3, 10, 17

Refresher Class: 9:30 – 10:30 am

- April 8

### May

Morning Classes: 9:30 – 11:30 am

- May 9, 16, 23

Evening Classes: 5:00 – 7:00 pm

- May 8, 15, 22

Refresher Class: 9:30 – 10:30 am

- May 6

### June

Morning Classes: 9:30 – 11:30 am

- June 6, 13, 20

Evening Classes: 5:00 – 7:00 pm

- June 5, 12, 19

Refresher Class: 9:30 – 10:30 am

- June 3

### July

Morning Classes: 9:30 – 11:30 am

- July 11, 18, 25

Evening Classes: 5:00 – 7:00 pm

- July 10, 17, 24

Refresher Class: 9:30 – 10:30 am

- July 8

### NO AUGUST CLASSES

### September

Morning Classes: 9:30 – 11:30 am

- September 5, 12, 19

Evening Classes: 5:00 – 7:00 pm

- September 4, 11, 18

Refresher Class: 9:30 – 10:30 am

- September 9

### October

Morning Classes: 9:30 – 11:30 am

- October 10, 17, 24

Evening Classes: 5:00 – 7:00 pm

- October 9, 16, 23

Refresher Class: 9:30 – 10:30 am

- October 7

### November

Morning Classes: 9:30 – 11:30 am

- November 7, 14, 21

Evening Classes: 5:00 – 7:00 pm

- November 6, 13, 20

Refresher Class: 9:30 – 10:30 am

- November 4

### December

Morning Classes: 9:30 – 11:30 am

- December 7, 14, 21

Evening Classes: 5:00 – 7:00 pm

- December 6, 13, 20

Refresher Class: 9:30 – 10:30 am

- December 9